

# CONTEST

## UChoose

### the Future

UCHOOSE invites 11-19 year olds to **submit photos, art, poetry, or videos** that focus on making healthy choices about your health and your future.

#### Ages 11-14

1st Prize: \$150  
2nd Prize: \$100  
3rd Prize: \$50

#### Ages 15-19

1st Prize: \$150  
2nd Prize: \$100  
3rd Prize: \$50

Prizes will be awarded by age group in two categories: Video and Open Call

Send entries to

[knowwhatuwantuchoose@gmail.com](mailto:knowwhatuwantuchoose@gmail.com)

Include your name, grade, t-shirt size and address.

➔ **Deadline: July 31, 2016** ←

The first 50 submissions will receive a free UChoose t-shirt. Grand prize winners will be announced at a youth health and wellness launch event in August 2016

